

7 Wastes - Household Examples



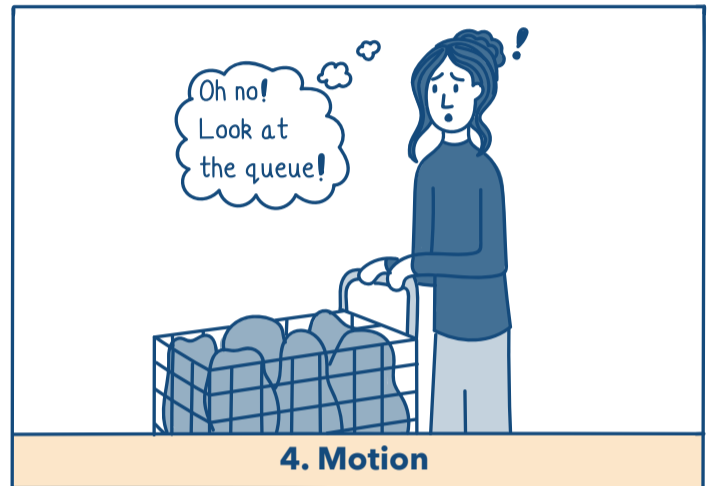
Making too much dinner with leftovers on the plate.



Waiting for everyone to finish getting ready and join you in the car.



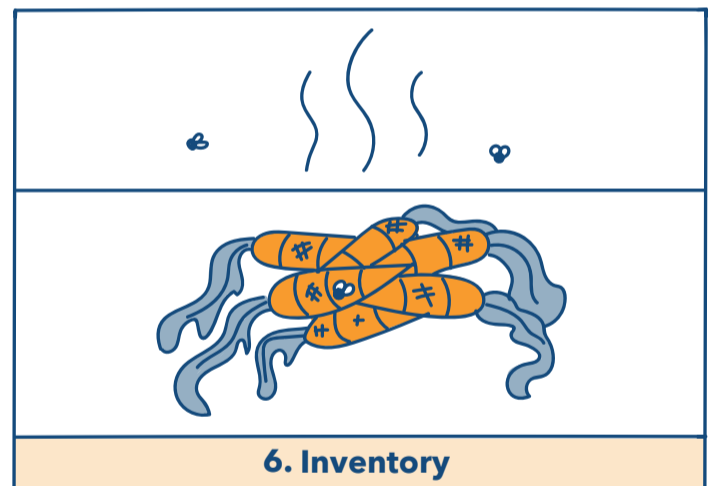
Redecorating after you've already painted the wall once.



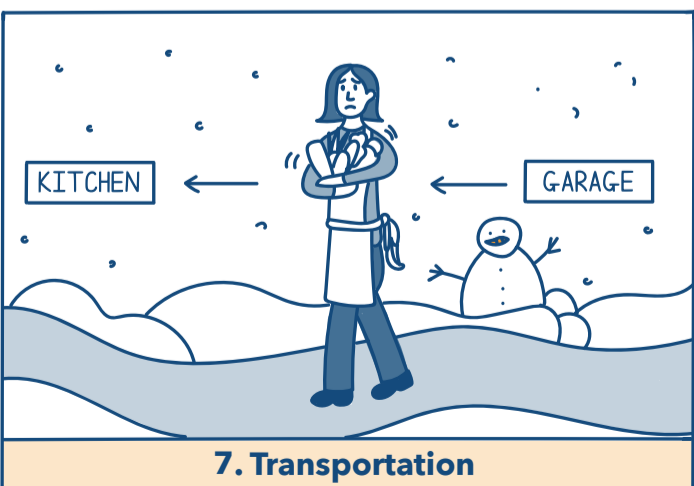
Walking around the supermarket when the food shop could be done online.



Washing plates before they go into the dishwasher.



Buying carrots every week when you haven't used the old ones.



Keeping food in the garage fridge that you prepare in the kitchen.

7 Wastes

Waste is anything that does NOT add value to your product or service. Every activity in your organisation either adds customer value, or cost (Waste). Reducing waste allows your team to spend more time on meeting customer requirements.

There are 7 types of Waste. Here are examples from everyday life.